

Name: _____ Student/Employee ID#: _____

Email : _____ Phone: _____

RELEASE, WAIVER, AND ASSUMPTION OF RISK

In consideration of the College of New Caledonia (hereinafter called "The College") conducting and arranging or otherwise being responsible for recreational facilities and activities, in which I may participate or be involved in.

I, _____, hereby waive, release and hold free The College, its officers, employees or agents from any liability or claim of any nature that I, my successors or assigns, now or in the future, may have at any time against any of them arising in any matter whatsoever from or out of:

- a. My preparation for, participation in, or involvement with, recreational facilities and activities and anything or any event associated therewith.
- b. All personal injuries, property losses or damages, or other expenses that I may incur during, or arising from my participation or involvement in recreational facilities and activities.

I acknowledge and agree that recreational activities at The College can be dangerous, exposing participants to many risks and hazards, some of which are inherent in the very nature of the activity itself and others which result from human error and negligence on the part of person involved in the preparation or organization and staging of facilities, classes and other activities. I, as a participant, acknowledge that there will be limited or no supervision in The College weight room and other facilities. I may suffer serious personal injury that includes, but not limited to, specific risks such as heart attack, back injuries, injuries to limbs, muscles and joints, even death as well as property loss, nevertheless, I freely and voluntarily assume all the associated risks and hazards and my preparation for and participation in The College weight room, fitness classes, bouldering wall, and squash court shall be entirely at my own risk. I am entirely responsible for my own physical fitness, including awareness and communication of any conditions that may impair my ability to participate safely. I understand that neither The College nor any of its officers, employees or agents assume any responsibility whatsoever for my safety during the course of my preparation for or participation in recreational activities.

I have carefully read this RELEASE, WAIVER AND ASSUMPTION OF RISK agreement. I fully understand the same and I am freely and voluntarily executing my participation and involvement. I agree that I will adhere to all related policies and procedures while participating in The College recreational facilities and activities.

Signature of Participant: _____ **Date:** _____