



# Management Skills for Supervisors

## Self-Management and Leadership Skills Development

### Course Overview

**\$652**

Effective leaders have a vision and can lead their teams through change and uncertainty. Learn how to manage stress, remain optimistic in challenging times, effectively manage your time, and leverage your strengths.

Approximately one week before the course starts you will receive a confirmation email that provides additional course details.

### 26 Hours Offered In-Person

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2024F CESS 153 101

**December 3 - 6, 2024**

Tuesday - Friday | 8:30am - 4:00pm

Registration recommended by  
November 25, 2024

Please register before the recommended date as courses under-enrolled as of this date may be cancelled. Registrations after this date will be accepted if space is available.

### Ready to Register?

Request for Registration Online Form; and/or  
Sponsor an Employee Form

### FOR MORE INFORMATION:

P 250 561 5846

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